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Dear Patient,

Thank you for trusting Coastal Eye Care for your eye care needs. We look forward to seeing you in our Ellsworth office. Your visit will include a comprehensive eye exam. During this exam we will evaluate the overall health of your eye and your ability to see up close and at a distance.

If we determine you have a cataract, we will discuss all treatment options available based on your eye health and your lifestyle needs. Thanks to advances in intraocular lens technologies, you now have more options for restoring vision loss due to cataracts. You now have the opportunity of selecting either traditional cataract surgery or customized cataract surgery. Customized cataract surgery can reduce your dependence on glasses for near, intermediate and distance vision! Thanks to advanced technology most people now have the opportunity to experience a full quality of life with the ability to see near (reading) Intermediate (computer, cooking, cell phone) and far (driving) distances – without depending on glasses in most situations. We have included an information sheet that explains more about cataracts, reading vision and some of your options for treatment.

In order to give you the attention you deserve, we have included a Lifestyle Questionnaire for you to complete prior to your visit. Please bring the enclosed questionnaire, along with your patient paperwork, when you arrive for your visit on \_\_\_\_ / \_\_\_\_ / \_\_\_\_ at \_\_\_\_\_ am/pm. Please plan on spending approximately 1 ½ to 2 ½ hours at our office. Should you decide to schedule cataract surgery, we will do all appropriate testing at this time so you will not need to return to our office at a later date for the pre-surgical testing. For optimal pre-surgical measurements, please begin using Artificial Tears (Systane, Optive, or Refresh) four times per day in each eye, 1 week prior to your appointment. Your actual surgery date will be scheduled for a future date.

**Please share this information with your family members, or anyone who will be a participant in your decision making process.** Review the educational material; you will be better informed prior to your appointment with the Doctor. We want you to feel at ease with your choices. The greater understanding you have about your options, the more comfortable you will be with your decisions. Our staff will make every effort to determine what is important to you and recommend a customized vision solution to meet your individual needs. If you have any questions prior to your visit, we can be reached at 207-667-6300.

We hope you find this information helpful,  
The Doctors and Staff at Coastal Eye Care, P.A.