If you find you are raising your eyebrows or tilting your head back to see better - or - if you feel that your eyes have become "tired / heavy" over the course of the day - you may be a candidate for upper eyelid surgery.









(207) 667-6300

www. Coastal Eye Care. net

128 Bucksport Road Ellsworth, ME 04605



Corrective eyelid surgery





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## **Blepharoplasty**

The removal or repositioning of skin, muscle, and fat of the eyelids.

With age, the skin and muscles of the eyelid can sag and droop.

In addition, the fat that surrounds and cushions the eyeball can bulge forward through the skin of the upper and lower lids.

Excess skin, muscle, and fat can weigh down the upper lid and in some cases block your vision. This can lead to fatigue, eyestrain, skin irritation, and loss of peripheral vision.

Blepharoplasty is an outpatient surgery that is performed in our on site ASC.



## **Ptosis Correction**

External Levator Resection Conjunctival Muellers Muscle Resection

Ptosis is a condition that occurs when one or both upper eyelids droop and the edge of the upper eyelid falls towards or over the pupil.

Ptosis is usually caused by stretching or thinning of the tendon between the muscle that raises the eyelid and the eyelid itself.

This leads to symptoms of eyelid and forehead muscle fatigue, and eyelid heaviness and loss of superior visual field.

Ptosis correction is an outpatient surgery that is performed in our on site ASC.



### **Frequently asked Questions**

#### Q: How long will I be in surgery?

A: You will be at our facility between 2-3 hours. Your actual surgery will take approx. 30 minutes to an hour.

# Q: Do I need to stop Blood Thinners or NSAIDs?

A: Yes - you will be advised to stop ALL blood thinners and NSAID medications prior to your surgery. A nurse will review your med list and get approval / clearance from your PCP.

#### Q: Will there be bruising?

A: You will have significant bruising around your eyes and upper cheeks for 2 - 3 weeks.

#### Q: Will my insurance cover this?

A: Your physician will asses your eyelids and perform testing. If deemed medically necessary your insurance will cover this procedure subject to deductibles,

